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ELPL: Heartfulness Meditation ^[1]

EVENT DATE:

Thursday, June 7, 2018 - 4:00pm to 5:00pm

Heartfulness Meditation
East Lansing Public Library

Description

First **Thursday** of every month

Join us on the first Thursday of every month for an hour of open meditation. All are welcome to attend this event. Each session will begin with a brief introduction to the theory and practice of meditation and first-timers are always welcome!

Suitable for: Adults

This event is also offered on:

Heartfulness Meditation ^[2]

June 7, 2018 (4:00 PM ? 5:00 PM)

Heartfulness Meditation ^[3]

July 5, 2018 (4:00 PM ? 5:00 PM)

Heartfulness Meditation ^[4]

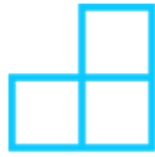
August 2, 2018 (4:00 PM ? 5:00 PM)

Heartfulness Meditation ^[5]

September 6, 2018 (4:00 PM ? 5:00 PM)

<https://elpl.bibliocommons.com/events/5ad0c3367cc0ab3e007c970f> ^[6]

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Links

- [1] <https://eastlansinginfo.org/content/elpl-heartfulness-meditation-0>
- [2] <https://elpl.bibliocommons.com/events/5ad0c3367cc0ab3e007c9710>
- [3] <https://elpl.bibliocommons.com/events/5ad0c3367cc0ab3e007c9711>
- [4] <https://elpl.bibliocommons.com/events/5ad0c3367cc0ab3e007c9712>
- [5] <https://elpl.bibliocommons.com/events/5ad0c3367cc0ab3e007c9713>
- [6] <https://elpl.bibliocommons.com/events/5ad0c3367cc0ab3e007c970f>